

Prayer and Fasting Guide March 15-April 8, 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		March 15	March 16	March 17	March 18	March 19
		<ul style="list-style-type: none"> Starts at 6:00 am 6am-6pm Fruit and Water Only Avoid social media and liquor Witness Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Witness Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Witness Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Witness Prayer 	OPEN DAY
<i>2 hours devotion time with God</i>						
March 20	March 21	March 22	March 23	March 24	March 25	March 26
<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Authenticity & Attitude Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Authenticity & Attitude Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Authenticity & Attitude Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Authenticity & Attitude Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Authenticity & Attitude Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Authenticity & Attitude Prayer 	OPEN DAY
<i>2 hours devotion time with God</i>						
March 27	March 28	March 29	March 30	March 31	April 1	April 2
<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Communication & Character Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Communication & Character Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Communication & Character Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Pray Communication & Character Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Communication & Character Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Communication & Character Prayer 	OPEN DAY
<i>2 hours devotion time with God</i>						
April 3	April 4	April 5	April 6	April 7	April 8	April 9
<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Testimony Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Testimony Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Testimony Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Testimony Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Testimony Prayer 	<ul style="list-style-type: none"> 6am-6pm Fruit and Water Only Avoid social media and liquor Testimony Prayer Ends at midnight 	
<i>2 hours devotion time with God</i>						

OUR FAST

In Joel 1, God instructed the prophet Joel to announce a fast for the Israelites because they lived in perilous times. Only the Lord's help could save them. In like manner, corporately at Second Baptist Church of Ann Arbor, we will honor a time of fasting and prayer seeking God for supernatural power in the times and lives we live.

To gain access to the supernatural, we must die to our own desires and worldly influences. We must believe in God's ability to do exceedingly above what we ask. During the fast, we will take our eyes off things of this world, and intently focus on God.

If you have health concerns, please contact your health professional for advice before committing to any fast.

OUR PRAYERS

We are fasting *and* praying for 25 days. Both require discipline. During this season, we need to align with God's will and what better way to do it than to pray what the Bible says about everything.

For each week, we will pray according to A.A.C.C.T. on each topic asking for Godly intervention in that area of our lives. Each prayer centers on what God says about that topic in the Bible. Use the space after each prayer to record your spiritual impressions or experiences. These prayers seek to change and challenge us.

Jesus counseled the disciples to "Watch and pray, that ye enter not into temptation" (Matthew 26:41). Through prayer, we can overcome temptations. Fasting maybe more difficult some days. On those days, ask God to strengthen you.

As you pray daily, invite the Holy Spirit to be with you. The Holy Spirit can give you answers, help you feel God's love, and bring peace and joy into your heart regardless of what you experience.

In 25 short days, we will have even more testimonies of how God showed up and brought us through. This season of prayer and fasting will strengthen our witness throughout the year. Our authenticity, attitude, character, communication, and testimony enable God to thrive in and through us. By perfecting the way we A.A.C.C.T., we are demonstrating to God that we are trustworthy and ready for elevation.

Let us pray.

WITNESS PRAYER

I acknowledge according to Acts 1:8, the Holy Spirit that empowers my witness. Holy Spirit I call on you to prick my heart, spur my memory, and strengthen me to be a creditable living witness for your name's sake. I realize that God is the ultimate witness of every word that comes from my mouth, every thought that lingers in my mind and every one of my deeds. Thank you, Lord, for grace and mercy when I misspeak or misstep. Oh Lord, change my heart and I shall be made brand new, in your image.

AUTHENTICITY AND ATTITUDE PRAYER

I pray according to Psalm 139:13-14, Lord, "You made all the delicate, inner parts of my body and knit me together in my mother's womb. Thank you for making me so wonderfully complex! Your workmanship is marvelous." Thank you for loving me so intimately.

Philippians 2 instructs me to have the same attitude as Christ. Lord, teach me to be humble and wait for your exaltation. I believe you are all knowing and seeing, so help me to see all things from your perspective. Bless me with a giving and compassionate heart, I know every good thing comes from your kingdom.

COMMUNICATION AND CHARACTER PRAYER

Ephesians 4:29 teaches me to withhold corrupt, negative, abusive, foul, and evil communication and to instead speak encouragement and hope that build others up. Lord, I submit to your direction for my life. By your power, restrain my tongue from speaking against your will and your people.

Lord, I know you are concerned about my character. Psalm 105:19 shows how you tested Joseph to know and grow his character. Help me to withstand your testing and to grow, all the days of my life. Thank you for including me in your plan.

TESTIMONY PRAYER

Luke 9:26 cautions me to show forth your glory by sharing your goodness. Bless me with opportunities to encourage, empower, and edify others by sharing how your love changed my life. Because you are concerned about everything that concerns me, I believe, no testimony is too small or insignificant.

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